

# What's next?

I'm *already*  
a registered  
organ, tissue  
and eye donor.  
What's next  
for me?



414.937.6648  
CodeR@Versiti.org

## Learn more at:

[www.versiti.org/community-resources](http://www.versiti.org/community-resources)

1

### Share your life-affirming decision.

Once you have joined the registry, be sure to let your family, friends and community members know. Ask them to register too.

2

### Live your best life – Be Healthy!

The best long-term solution to reducing the need for organ donation and transplantation is to:

- Have your blood pressure checked at least twice a year
- Exercise regularly
- Limit your salt intake, saturated fats and fried foods to prevent clogged arteries
- See your doctor annually and get tested for illnesses like diabetes that lead to organ failure

3

### Consider living donation.

Did you know you can give a kidney to someone in need and go on to live an otherwise healthy life? Also, in rare cases, a portion of an organ such as the liver, lung, intestine and pancreas can be transplanted from a living donor.

4

### Be a Versiti volunteer with our CodeR program.

We depend on volunteers to bring new levels of expertise to our donor families and the communities we serve.

Let your light and unique talents shine by working with us!

---

Versiti (formerly BloodCenter of Wisconsin) partners with faith-based communities in southeast Wisconsin through its CodeR initiative, or Churches for Organ Donation Education and Registration. This program invites people in diverse communities to learn more about and become advocates for organ and tissue donation.

