



## Recommendations to Clinicians for Transfusion Practice During Blood Product Shortage (and some even for everyday practice)

1. **Practice Evidence-Based Transfusion Medicine**
  - a. Promote strict adherence to institution's Transfusion Guidelines
  - b. Use lowest effective dose – transfuse one unit of RBCs or platelets unless patient actively hemorrhaging and unstable (including outpatient settings)
  - c. Consider even lower RBC transfusion threshold (e.g. 6.5g/dL) in all non-bleeding, asymptomatic patients that can tolerate it
  - d. Consider lowering prophylactic platelet transfusion threshold to 10K for all hematology/oncology patients
2. **Minimize Bleeding and Blood Loss**
  - a. Minimize iatrogenic blood loss from frequent and/or avoidable lab draws in hospitalized patients
  - b. Familiarize yourself with pharmaceutical hemostatic agents to minimize bleeding when indicated in active bleeding or surgical procedures (e.g. antifibrinolytics, PCCs, DDAVP, Vitamin K)
  - c. Utilize point of care testing to assess bleeding (i.e. TEG, ROTEM, etc.) and help guide transfusion of appropriate product
3. **Identify Anemia Quickly, Then Treat**
  - a. For patients with asymptomatic anemia, order iron studies and ferritin
  - b. Consider use of IV iron in stable patients with anemia associated with chronic disease, iron deficiency, or acute blood loss (per pharmacy guidelines).
  - c. Consider the use of erythropoiesis stimulating agents (ESA) where appropriate
4. **Expect Prospective Review of ALL Transfusion Orders**
  - a. Review may consist of a quick chart review by pathologist prior to approval
  - b. When transfusion request does not meet established guidelines or request is for a product in very limited supply, a phone call discussion will likely follow
  - c. Contact transfusion service or lab medical director in advance to discuss unique situations to prevent delay
5. **Anticipate, Communicate, and Consult with Transfusion Service**
  - a. Communicate when anticipate need for transfusion of multiple blood products for patient (e.g. prior to scheduling high blood loss surgical procedure)
  - b. Coordinate transfusion needs in advance, if possible, for patients with special transfusion requirements (e.g. HLA matched platelets, irradiated product, known antibody patient)
  - c. Screen for bleeding risks and optimize coagulation prior to invasive procedures
    - i. Discontinue anticoagulants and antiplatelet drugs
    - ii. Discontinue herbal supplements, some vitamins
    - iii. Address genetic coagulation abnormalities
6. **Encourage Blood Donation**